

Discovery & Assignments

A five-day self-paced experience designed for participants to learn, practice, and immediately apply the skills needed to create memorable content

day one	day two	day three	day four	day five
Why Memory Matters	Attention	Memory	Decision	Final Challenge
Why Memory Matters	Mental Models	Retro-cue	Rewards	Peer Check-in
Control Your 10%	Focus Their Attention	Emotion	Priming	Final Challenge
Practice Your 10%	Practice Attention	Practice Memory	Practice Decision	<i>Participants submit their upgraded content and receive personal feedback from an expert coach.</i>
Download Workbook	Applied Workbook Exercise	Applied Workbook Exercise	Applied Workbook Exercise	
Applied Workbook Exercise				

Post Training

Skills Reinforcement: A five-week series of mini-boosters designed to embed key concepts from the course
Why Memory Matters | Attention | Memory | Decision | Wrap-up

